

# **Principles of Acts**

There are subtle patterns of life that go unnoticed, and which defy our normal perceptions of logic, cause and effect, and space and time. Understanding these hidden patterns not only enables us to see the world in a different way, but gives us the insight to perceive the truths that are unfolding in the atmosphere around us. From that poise, we can know the true truth of the reality unfolding around us, giving us one leg up on the world so that we can make the right decisions that invariably will lead to infinitely successful results. In other words, perceiving the subtle workings of life can lead to great accomplishment, success, and happiness in life.

We'll cover a variety of these subtle hidden patterns in life in the following discussion. We'll begin with that most fundamental aspect of life, the simple *act*.

#### **Introduction to Acts**

The master word of life is an act. When we function in the world, we do so through the individual acts we perform. Thus, the act is the fundamental unit of life, much the same way that the atom or molecule are the fundamental units of matter. In fact, an act is a microcosm of the universe; i.e. the universe in miniature. All the forces and factors that exert their influence in life in the universe are represented at the level of the individual act, and reveal their characteristic role at that level. This is particularly relevant when we consider our ability to accomplish in life.

There are a series of principles of life that directly relate to acts, the most general of which is that is that the timing, sequence, quality and intensity of an act influences its outcome. Acts that lack any of these qualities fail to produce results, i.e. fail to accomplish. E.g., acts that occur in the wrong sequence, or at the wrong time, or without the necessary intensity will not produce results. On the other hand, acts that are positive in all of these criteria have a very strong propensity for accomplishment. Now let us examine some of the more specific principles of acts, many of which will defy our normal views of what is probable and logical, overcoming our limited views of cause and effect, and space and time.

# **Acts Repeat**

The first principle we present about acts -- and an extraordinary one at that -- is that they tend to repeat. The greater the intensity of the force and the more times it repeats, the greater its capacity for further repetition. The quality and intensity of the force express in each subsequent repetition of the act. Here's are several example of a repetition of an act.

In Jane Austin's *Pride and Prejudice* Darcy's initial refusal to dance with Eliza at the Meryton dance repeats as Eliza's initial refusal to dance with Darcy when he asks her during her stay at Netherfield Hall.

"One day I was watching a TV program. In the middle of the show, I received a phone call from a friend of mine. While listening to my friend I sensed that there was some connection between her and the program I was just watching. Months passed, and I found myself watching a rerun of this same program. What was incredible was that I noticed that I received a call from this same friend at the exact same moment I was watching the identical scene on television from that person. There was more to it, however. I noticed that my friend on the phone was having problems with an individual who had the exact same rather complex Asian name as the person on the show."

As we begin to see how acts repeat in our lives -- defying our normal perceptions of how life unfolds -- we can begin to benefit from our observations. E.g., we can learn to perceive when to take, or not take, actions based on a pervious occurrence of the act. That is, if you know the pattern of a repetition of an act, especially a negative one, you can overcome its ability to repeat in the future. So if a man who becomes ill every five years, can note its frequency, assume that the illness is likely to repeat in another years, and take precautions to prevent its reoccurrence when the next iteration rolls around. He can say, "Ah here it is coming on again. I am over-stressed again in this cycle, which is what ordinarily brings on the repetition. I will take actions to prevent such reoccurrence." Now as a result of perceiving the coming repetition, this individual has changed the course of his life.

Consider one other real life experience, where an individual saw a repetition of an act that expressed negatively, and then was able to avoid it the second time, i.e. when it would have normally repeated:

A computer consultant worked on a consulting project for a number of hours and days only to find out that he could not do the project because of his limiting skills. It was clear from the onset that he might not be able to do it. In fact, as it turned out he was unable to do it for the client, honestly explained it to the client, who were grateful of his honesty, and had now found a company who could do it. On the other hand, the consultant wasted a lot of time. As it turned out the project was later completed by the other consulting company in fine order. A few months later, the consultant was asked if he could help the same client with another project. Again, it was an area just out of his expertise, even though he had had a little experience with the program many years before. This time, remembering that acts repeat, he knew that he would likely be wasting a lot of time if he were to take it on. He firmly decided not to take on the project because of the likelihood that the current situation was likely to be a repetition of the same situation that happened initially.

Thus from pattern recognition of the repetition of acts one has the insight to change, i.e. to negate or reinforce, the future. It is a miracle of insight into the workings of life, including understandings of the true, subtle nature of space of time. If we are conscious, we will be able to recognize the patterns; if we are not, the likelihood of seeing the patterns and reversing them is very limited. In summary then there are at least two ways to prevent a repetition. The first is an action or will on our part related to the act that is more powerful than the force that wants to repeat. The other is our recognition of the pattern in the first place, which has the power to cancel the next iteration. In other words, we can be aware of life's patterns of repetitions of acts, and then we can consciously control the next repetition. We have that conscious power in life.

### **Instead of Repeating, Acts Reverse**

As each act is a force, it has a tendency to repeat. However, when the force of the act is insufficient for repetition or meets an obstacle that prevents it from accomplishing in a particular direction, the energy of the act may *reverse course* and express in a direction *opposite* to the original act.

## Examples:

-In *Pride and Prejudice,* Eliza facetiously asks Collins whether it would be appropriate for him to attend the Netherfield ball. Her intention is to discourage him from attending. He responds by asking her for the first two dances, which she had hoped to reserve for Wickham. "Her liveliness had never been worse timed." Her clever comment is insufficient to discourage Collins who sees the dance as an opportunity to promote his courtship with her, so it provides him with an unexpected opening to further his plan. Her cleverness backfires.

-In *Pride and Prejudice,* Darcy conceals Jane's presence in London from Bingley. At Rosings, Fitzwilliam unintentionally reveals to Eliza Darcy's interference between Jane and Bingley. The original act of intentional concealment gets reversed as an act of unintentional disclosure.

#### **Initial Occurrence Portents Repetitions, Final Outcome**

A related phenomenon we have experienced is how the *initial* occurrence of an event is often an indicator of how that thing will end up in the end. Here's an example:

A company could not afford to pay a trainer a reasonable fee in the beginning of their relationship. The trainer, though not completely happy with the arrangement, accepted the fee, continued to work with the company, and eventually begin to receive higher fees through hard work. At the end of the relationship, however, the training company went through some problems, and had to cut the trainer's income back to the original lower level. Despite changes along the way, the initial occurrence indicated the final outcome.

Here's another example where the initial occurrence portended the final outcome:

A man was eager to have a first meeting with the owners of a small company. He spoke to one of the principles who gave him directions to get to the location. When he arrived in the general vicinity of the business, he got lost based on the directions or perhaps on his own lack of following the directions. He went round and round in circles for twenty minutes. This really upset him since this meeting was one of the key turning points in the young man's life.

Finally, he found the place, and had a good meeting. As a result of the meeting, he established a relationship with the company. A few years later, he established his own company a distributor of the products of the other company. After an initial few years of success, his company faltered, and in a few years ended in bankruptcy.

Finally, here's one other dramatic example where the nature of the result of a work can be seen in the first step:

A consultant was on his way to meet with a Fortune 500 company for the first time to discuss the organization of its accounting systems. He was to meet with his contact, and then meet with the client. Just after he parked his car in a downtown garage, he heard and saw a huge explosion that turned into a fireball 10 stories high just one block from the client's office building! It startled him and many on the street. A moment later he found out that the explosion was part of a Hollywood movie stunt, and therefore did no harm. Still he was shaking when he arrived at the client.

Knowing that an event such as this could be a sign of other things, he asked his contact after the meeting if there were things he should know about that were going on behind the scenes between the contact and the client. The contact then admitted that in fact things had gotten bad with the client; that he was in the process of losing the account, and he had hoped that the consultant's involvement could improve the situation. In the end, the consultant never got the work. Somehow, given the events of the day (i.e. the explosion), he was not surprised. (*Update* Months later, another situation involved a client in a nearby location, which turned out also to be troubled and also did not work out.)

#### Coincidence?

These are examples of one interesting life law. There are many other interesting generally unseen laws of life. We say that these seemingly logic-defying happenings are random occurrences, or that they are "chance" or "coincidence." Our own observations and experiences have been the opposite. We believe that these are in fact hidden laws of life, including these phenomena of cycles and repetitions that occur with great precision and regularity. What is responsible for these cycles and phenomenon of life remains a mystery, but the fact that they occur is a certainty.

Most importantly, we can learn from these occurrences. By observing life closely we can gain clues to help us make decisions on what to do (or not to do), or how to respond to a person or events. In other words, this "inner" knowledge, if applied correctly, can help us achieve and succeed at higher levels in life.

#### **Predecessor Events Indicate Main Event**

Another fascinating phenomenon of life is that anything good or bad that is going to happen to you is already indicated by something that occurred earlier to you. E.g., the day before a woman gets terrible news that her sister has eloped with a scoundrel in the military, she was deeply bothered when hearing that the scoundrel's military outfit may have left town. In this way, the previous day's occurrence is a predecessor of the major event that is to follow.

You can study any work of fiction and see how any major event was foreshadowed by circumstance earlier. It is also absolutely true for the real world as well. It is a major rule of the working of life, and there are no exceptions!

If we are vigilant, we can thus see the signs of major coming events. Also, if we can learn to avoid negative situations in the first place that might for the forerunners of the successor event. We can even use spiritual means to overcome the successor event if we can identify our negative behavior or action in the first place and offer it to the Divine.

### One's Speech Indicates Coming Event

A corollary of this phenomenon of predecessor to main events is that whatever you speak in one moment announces in some fashion what is to come in the next moment. This is especially and most obviously true when you feel or express something negative.

A woman in a somewhat negative tone suggested to another that her mother doesn't like exuberant children, and therefore spends the day upstairs. After expressing this, she reads a letter indicating a negative elopement with one of those children her mother liked to avoid.

The lesson? Be careful of your negative tone; you might be attracting sudden negative fortune your way.

### **Simultaneity**

A related phenomenon we have witnessed is that acts and events that occur at the same time are related, no matter how disconnected they appear on the surface. In fact, the relation sometimes reveals itself later on as a physical connection between people or events.

A consultant was working with his client to develop a software program. While discussing its distribution and marketing, an affiliate partner of the client called the client, at which point the client explained to the affiliate of the client about the work the consultant was doing on the new software program. The affiliate didn't know about the program. A number of months later when the marketing of the program came up again at the location of the client, the affiliate of the client was there too. This was remarkable since the consultant was rarely at the client's location; nor the affiliate. Yet there they were all discussing the marketing of the product, just as the initial phone call occurrence.

Whenever acts and events occur at the same time, no matter how far apart, or how seemingly unrelated on the surface, they are related at a level of life, which will often later show itself at some physical level. In addition, this phenomenon often represents a psychological parallel between the thoughts or attitudes of different people who are involved.

A man received an email from a friend, at the same time that an order came in from a client. These were the only two emails. It turns out that the client's organization had the same ethical and spiritual interests as the friend's.

So the next time you see a number of things that happen at the same time, not the relationship between the people and the circumstance under which it occurs. It is likely to repeat sometime in the future, perhaps as a physical connection amongst the people as it relates to the same area.