



Life Response Q&A

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What is Life Response?

Life Response is the phenomenon where the conditions of life suddenly or very rapidly turn positive due to a shift in one's consciousness.

What normally takes days, weeks, months, or never happens at all, occurs in a very short time; or in a matter of moments, or even instantaneously in the blink of an eye.

What are some examples of Life Response incidents and outcomes?

- An out of work instructor cleans his filthy refrigerator, and suddenly attracts months' worth of work, where there was nothing before.
- A man gives up his limited attitude about the service he is offering, and suddenly his business takes off like a rocket
- A low-producing salesperson gives up his reluctance to work weekends and instantly attracts the biggest sale of his life when he arrives at work.
- A man gives up his uncomfortableness on a crowded train, takes to not-thinking, is compelled to get off at the next stop, and reboards another train that is absolutely empty and silent.
- A man often notices that when he is a long line in front of multiple cashiers, and he offers the matter to the Spirit, that he is always sent to the cashier right in front of him, instead of the 40 others!
- A consultant is astonished that a small tip he gave to a client as a referral turns into a \$1M sale and the biggest fee of his career. He learns that it is because of his long-term goodwill toward the owner.
- A woman does everything to make her malfunctioning stove spotless, when she is not only informed that she will get a new one, but that dozens of tenants throughout the complex will get the same.
- A man studies the issue and calls to the Spirit, and all of a sudden a major electrical crisis facing his entire country suddenly comes to an end after weeks of near catastrophe.

What are the kinds of results and benefit that come in Life Response incidents?

- Sudden appearance of positive conditions
- Sudden disappearance of nagging problems
- Sudden arrival of unthought of solutions
- golden opportunities appearing out of nowhere
- Conflicts settled
- Health restored; abundant energy
- Truth realized
- Insights enhanced
- Perceiving trends and future direction of things
- Startling coincidences and synchronicities
- Conflicts eliminated
- Goodwill and harmony unfold
- Stress, worry, fear, uncertainty removed
- Cal, peace, inner richness, and joy prevail
- Impossible problems show new-found solutions
- Lack of work turns to its abundance
- Spikes in revenues, sales, income
- Purpose and meaning felt in all aspects of life
- Never-ending career and personal growth
- Delayed or stuck situations are suddenly resolved
- Family harmony replaces discord
- Improved human relations at all levels
- Constantly living in a state of wonder
- See things from many points of view simultaneously (integral understanding)
- Able to anticipate and predict future outcomes

What in Life Enables Life Response?

--Inner-Outer Correspondence

What is occurring on the outside is a direct reflection of our inner condition. We think that the inner & outer are separate, but that is an illusion of our limited consciousness. The inner and the outer are actually part of the same single stream of existence. Thus, when we change our consciousness inside, life instantly responds in kind on the outside. In that way life is like a mirror, constantly reflecting who we are; what we think, feel, and believe. We call this relationship 'Inner-Outer Correspondence.' It is the direct principle behind the phenomenon of Life Response.

--Alignment

When there is a Life Response outcome, the two parties involved have in essence moved into Alignment with one another. Their shift to a higher level of consciousness brings them together in a common point in space and time.

--Oneness of Life

Life response occurs because everything in the universe and beyond is interconnected. There is an inherent Oneness behind the divided reality we perceive before us. So each time we move to a higher consciousness, we connect with corresponding elements (people, events, etc.) in space and time that we are inextricably associated with.

--Science and Life Response

The life response phenomena is now explicitly corroborated by the now-accepted scientific principle of “Non-Locality,” also known as “Entanglement,” In Entanglement two objects at opposite ends of the universe from one another with no apparent material connection can instantly mirror the state of the other. E.g. when a shift in the spin of an electron changes, another electron shifts at the exact same moment in the exact same way though they are on opposite sides of the galaxy from one another. Thus the two objects are said to be “entangled.”

This is similar to how in Life Response occurs. E.g. if I shift in consciousness to the very positive, a person from around the world instantly contacts me with good news, though I have never communicated with or known them before.

What are some of the human behaviors that evoke life response?

- Higher levels of cleanliness and orderliness
- Making maximum use of available resources
- Making the full, exhaustive physical effort
- Increasing your level of energy
- Having the intention to achieve a goal
- Making a decision to achieve a goal
- Organizing information to a higher level
- Applying high personal values
- Being honest and forthcoming
- Making the right decision
- Seeking the deep solution to a problem
- Overcoming negative attitudes toward others
- Overcoming negative attitude towards work
- Overcoming negative attitudes towards life, self
- Adopting a generally positive attitude
- Any act of goodness or self-givingness
- Feeling gratitude toward others, life
- Feeling goodwill towards others
- Reducing loudness of speech, using fewer words
- Practicing silent will
- Stopping all thoughts
- Non-reacting to the intensities of others
- Practicing equality of being in face of difficulties
- Opening to the Spiritual Force (consecration)
- Not blaming others; taking responsibility instead
- Embracing the other person’s point of view

Where can we observe Life Response taking place?

We can observe it in our own experiences; in the experiences of others; in the wider society like the family or community or nation; in organizations and business; in current events; in history; in fine literature and film; etc. In all of these domains of life, sudden good fortune came through an elevation of consciousness on the part of someone or some collective of individuals.

What practical aspects of life can be affected by Life Response?

Any and every aspect of life can be affected by instances of sudden good fortune. That includes our physical health and well-being, including our level of energy; in our relationships with others, whether

family, friend, work; in our success in work and career; in the opportunities that come our way; in the problem areas that we come upon; etc. etc.

How quickly does life respond?

Life can respond over time, or relatively quickly, or very quickly; even instantaneously to our shift in consciousness to the better. The life response phenomenon very often happens very quickly or instantly, which we refer to as “instantaneous miraculousness.”

What are the general parameters that determines if a Life Response will occur?

What determines if life response to occur are (a) the quality of the shift to a higher inner or outer behavior – i.e. consciousness -- by the individual; (b) the intensity of the shift; (c) the degree to which the surrounding atmosphere is positive; etc.

How often does a Life Response occur?

It is always happening! However, we only see a tiny portion of them occurring because we are not accustomed to look for them. However, if we consciously are awake to the possibility of life response, we will experience it far more often.

Actually as we go deeper still, we realize that *All of Life is Life Response*. Everything is responding to subtle influences near and far; not just to direct, obvious, material, mechanistic modes of cause and effect.

Does Life Response occur only in a positive direction?

It occurs positively, neutrally, and negatively. Positively it occurs due to an elevation of consciousness (inner or outer behavior) of the individual or collective. Negatively it is due to the persistence of negative consciousness or an intense moment of it.

How does Life Response compare to ‘The Secret’

The secret is mainly focused on how to achieve a goal. By asking the universe for it, and waiting on its reply. It’s a profound understanding, but limited. Life Response embraces this but goes much further, revealing how and why life responds among a myriad of reasons, and also offers dozens of approaches to evoke it. The Secret is like a starting point for Life response, but is a far lesser level. Life Response embodies the many aspects of the Character of Life, and the many dimensions and attributes of the Reality, as described by Indian sage Sri Aurobindo and Sri Karmayogi, and others.

How is one's nature changed as a result of Life Response experiences?

- One develops a new conception of how life works; that the Inner can move the outer.
- One perceives life beyond the physical, material, mechanistic view, embracing an understanding of the subtle aspects and causes of life.
- Increase in one's insights into how life works.
- One is able to achieve at a much higher level; whether in terms of money position, and influence.
- Relationships with others-- whether friends, family, work, romance, etc. -- became far more harmonious and fulfilling.
- One is better able to perceive the true truth of things, enabling one to make better decisions, and take right actions that lead to enormous success.
- One feels far more capable of solving difficult challenges and problems that crop up in life.
- One feels calmer inside; one feels an inner richness; and there is a constant shine on the face.
- One is less judgmental, rash in decision-making, and fretful when there are problems.
- One sees more of the oneness with others and with life.
- One even perceives that the different parts of our nature – physical, vital, emotional, heart, mental, and spiritual, are working in harmony.
- One feels a deeper purpose in life; with more meaning; and more focused direction.
- One not only experiences true personal growth but one begins to develop a deep spiritual life.
- Etc.

What are the historical roots of Life Response?

The connection between the inner person and the outer result occurring in ways that defy space and time are referred to, discussed in the ancient Indian Vedas, as experienced by the great Rishis (spiritual seekers) of that period. Discussion of such phenomenon however is scattered across many traditions, from Taoism to many other teachings under the sun.

What sort of cosmic Energy movement occurs in a Life Response event?

It is said that at any moment life is in a state of Equilibrium, and if the equilibrium is disturbed, life seeks to restore it. In a life response event, life is at first in a state of equilibrium relative to that situation. If we then for whatever reason take to a shift in consciousness to the positive, life in relation to us, to our situation moves into a temporary state of disequilibrium. However in order to restore the equilibrium life requires a fresh act. That fresh act is the response from life. Now life is back in equilibrium, though at a somewhat higher level or starting point, waiting on the next change in consciousness on our part. In this way, life goes through this person for every person or entity, each with their own relative connection to the process.

What are some major works on Life Response?

It is presented throughout the vast teachings of Sri Karmayogi

The Miraculous Phenomenon of Life Response (Roy Posner)

Life Response in Work (Roy Posner)

The Book (Garry Jacobs)

Honey, Let's Make Money (Ken Gold)

The Secret (Rhonda Byrne)

What are some other resources for Life Response?

[The Life Response Center](#)

Facebook Life Response group

Roy Posner web site (on Weebly)

Mother's Service Society

Karmayogi.net