



## INNER STRATEGIES OF SILENCE THAT MOVE LIFE

There are several strategies relating to inner Silence that can move life, i.e. evoke sudden good fortune:

*Non-Reaction* – Whenever another individual expresses a degree of intensity, particularly if negative, remain very calm and don't react. Not only will tension be diffused, but positive conditions will suddenly present themselves. Reacting, on the other hand, will only intensify the negative.

*Equality of Being* – If very negative circumstance comes your way, be very still inside. Soon after, the negative will dissipate and positive conditions will emerge in their place. E.g. a man was owed considerable money, but now discovered it was going to be delayed for 60 days. Rather than react, he remained calm inside. In a reversal, he soon learned that the payment would be issued that very same day!

*Silent Will* – Instead of broadcasting your thought or opinion, withhold its expression. Very soon after, the other person will speak it out for you. For example, a businessman was trying to convince a contact at a huge company of the importance of interviewing executives there for a book he was writing. After several minutes of explaining, he was getting nowhere. Just when he thought of defending the need for the interviews to the other person, he instead held back. The official then completely reversed himself and gave the writer all he asked for.

*Reduced Speech, Soft Voice* – If you notice any long term lack of success in life, check to see if you or others are talking too much or too loud. Making that inner adjustment to verbal silence will quickly overcome the wanting condition. One organization practiced this sole technique and went from near bankruptcy to prosperity in a short period of time.

*Non-Complaining* – Complaining about a matter only energizes it. On the other hand, withholding complaint overcomes the object of complaint. E.g. a man who constantly complained that his spouse was disorganized in financial matter practiced non-complaining. Within a day from out of nowhere a bank came forward and solved all of the financial problems the disorganized individual had.

*Non-Initiating, Responding to Life's* – Normally we take initiatives to accomplish in life. But our research has shown that when one initiates on one's own, it is more likely to fail than succeed. Is there a way out? Yes, it is by responding to LIFE'S initiatives.

When life comes to you with an opportunity and you take it up, success is almost always guaranteed. One man moved across country with the idea of starting a house painting business. It was a self-driven initiative, and it ultimately failed. A while after, a friend of his family asked him to work at one of his chain stores. When he did, an astounding series of positive successful outcomes followed; and his life was changed forever. That is the power of responding to Life's initiatives rather than taking one's own. It is a power of stillness and silence in which we wait for life to take us to the next level.

*Inner Poise* – Instead of living on the surface of life, move your consciousness within to a deeper place. Good fortune will come from unexpected sources. E.g. a man was on a crowded train where everyone was miserable. Instead of being bothered, he moved himself inward and stilled his mind. Two minutes later, it was announced that another train was available on a parallel track. The men exited and hopped onto the other train, and found it to be completely empty! He had a literally blissful ride the rest of the way.

*Don't Speak of a Thing Until It is Accomplished* -- One of the most serious errors people make, is to speak out, enjoy, or celebrate something before it is fully accomplished. When you do that, the thing gets delayed or even cancelled. How many times have we seen sports figures speak out too soon, only to see their accomplishment go down the drain. Bottom line: Keep silent as much as possible until the thing is fully accomplished.

*Take Another's Point of View* – Instead of asserting your point of view, put yourself in the shoes of the other person, and embrace in full their thoughts, opinions, suggestions, no matter how right or wrong. Life will respond. On an important project, there were two individuals; one learned on principles of life; the other very limited so. The lesser individual also had no interest in learning these subtle principles. The learned man changed direction, and completely accepted the lesser person's point of view and requests, despite his limited knowledge. Soon after, the lesser man started to take deep interest in a number of advanced principles he previously showed no inclination to understand before. The project then moved swiftly ahead.

*Consecration* – When any difficulty arises in your life, do not react. Instead offer it to the Divine, i.e. the spiritual Force, and in no time there will be a dramatic reversal of conditions, or new, unexpected, and astonishing developments will come your way.