



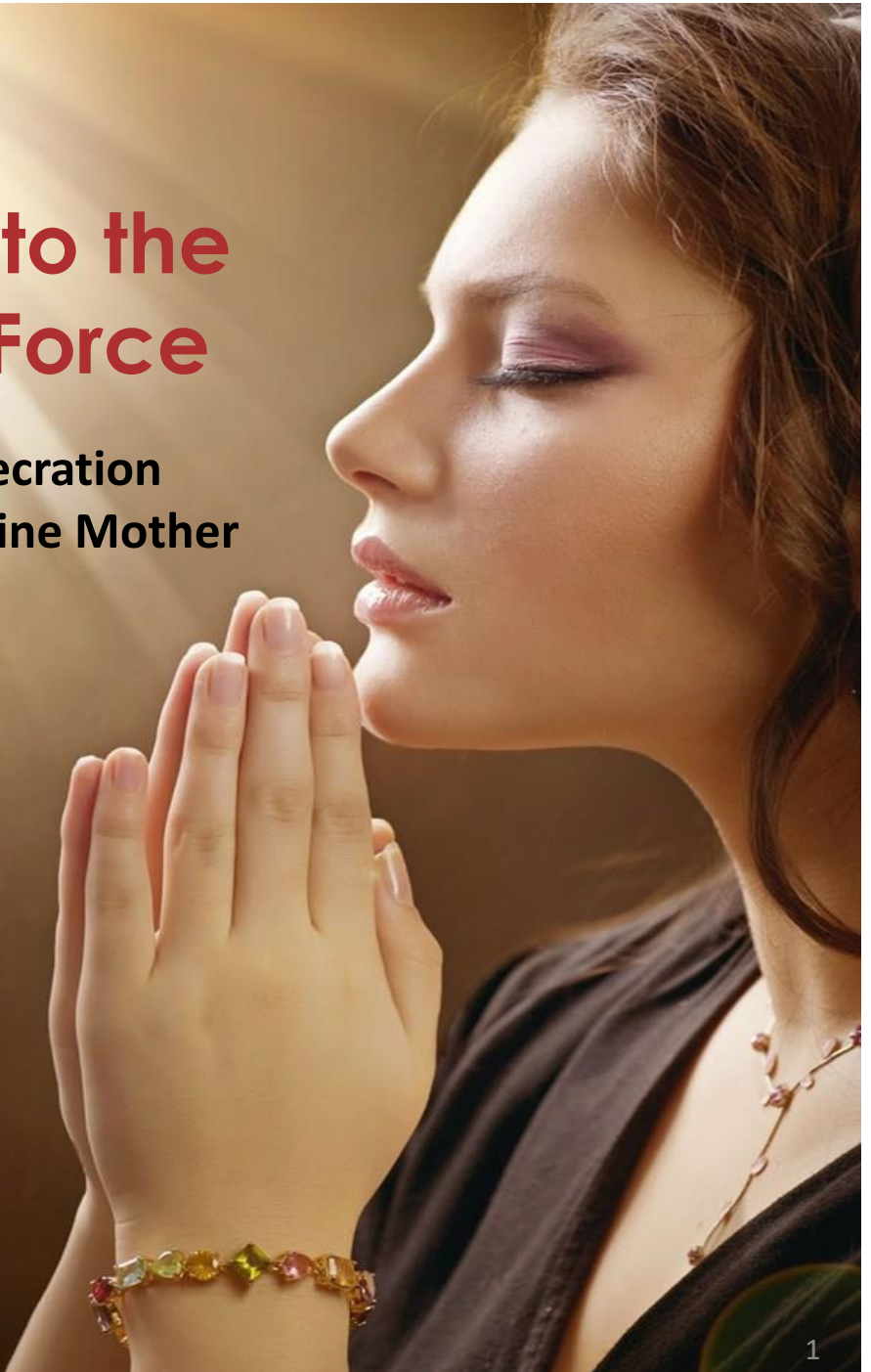
# LIFE RESPONSE Magazine

*Evoked sudden good fortune!*

## Opening to the Spiritual Force

- ❖ Power of Consecration
- ❖ Miracles of Divine Mother

2019 Issue 2





# Welcome!

## **Welcome to Life Response Magazine.**

In this issue we address the theme of CONSECRATION; - the capacity to open to the spiritual Force, which quickly sets right the conditions of life.

It is the greatest and most powerful methods to evoke sudden good fortune, i.e. Life Response.

You Will read about individuals who opened to this power and quickly changed the conditions of their lives for the better.

Call them “miracles” or simply the result of the Divine action of the Force, it is the quickest and most powerful way to improve your life in every way imaginable.

We hope you can apply this ultimate method to quickly elevate your life!

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# THE GREAT SECRET:

## Opening to the Spiritual Force



Consecration is the act of calling to the Spirit, which in turn quickly evokes positive conditions from life.

For example, if before giving a presentation you call to the spiritual Force, *everything* tends to go right in that session.

That is the life response power of consecrating an *upcoming activity*, -- whether involving work or simply meeting with a friend.

You can also call to the spiritual Force to overcome any *problem* you are having in your life.

For example, if things are going very poorly in your presentation, and you call to the Spirit, everything tends to go right thereafter.

That's precisely what happened to a friend of ours. After a disastrous morning session, he consecrated the remainder of the training class he was giving, and as a result *everything* went *perfectly* thereafter. He even felt a palpable peace and sense of well-being throughout the remainder of the day.

As we see, by opening to the Spirit, we can quickly attract the resolution of any problem-- whether involving our work, financial difficulties, relationship issues, and others.

One particularly powerful benefit of consecration is that it can smooth over difficult relations we are having with other people.

I recall one time my aunt and uncle came to visit me in California from the East Coast. Often in the past when my uncle visited, our discussions would devolve into contentious rancor. However, this time I called to the spiritual Force so that things would be different.

When the three of us then got together, *every conceivable thing went right*. The weather was perfect. The restaurant we went to was uncrowded enabling us to have a delightful meal, and the walk we went on was serene and joyful. Even our discussions were harmonious, yet filled with insight and delight.

(con't)

# THE GREAT SECRET: Opening to the Spiritual Force



(con't) As we see, when we bring to bear the power of the Spirit, difficulties we have had with others -- whether our friends, family members, romantic relationships, work associates, and others -- tend to quickly evaporate.

Keep in mind that each of us has this miraculous-like power at our disposal. The spiritual Force is always available to be utilized -- whether to attract *perfect outcomes in the activities we engage in*, or to *eliminate problematic situations we find ourselves in*, or to *smooth over difficult relations we are having with others*.

Also keep in mind that once you experience the spiritual power of consecration, not only will you be overjoyed by the miraculous-like results, but from thereon in your life will never be the same!

-- from 'A Life Response Reader'  
by Roy Posner

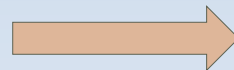
## Miracles of the Divine Mother



In *The Life Divine*, Sri Aurobindo describes the process by which the universe emerged from a Divine source. He indicates that a plane of consciousness called "Supermind" (or "Truth Consciousness") divided the Force and Energy of the Infinite to create the forces and forms that emerged in creation. All that has emerged and continues to emerge, including we humans, are a product of that process. What is perhaps most interesting for us is that this Supramental Force is also available to us, and if we open to it, we can create infinite-like results as well.

Over the years, I have known of hundreds if not thousands of examples where individuals followed this method -- evoking staggering, often life-changing results. Many of the people I am familiar with practice this approach

by opening to the "Divine Mother" -- who is in essence the Divine conduit for the Force. Maybe She is the Force Itself. They usually open to Her power in a variety of situations: e.g. before undertaking an important activity, such as a major business meeting or an upcoming wedding; or when a serious challenge or problem arises, such as financial or health crisis; or when they wish to change a wanting part of their nature, such as a poor attitude or belief. Each time they offer it to the Divine Mother, the Force moves into action, producing astonishing results. Here are a few recent examples:



---An Indian national working in the US in the software industry could not get back to his country because his deputation had been delayed. The intensity of the experience also caused him to develop a serious skin problem. He and his mother then intensely offered the difficult situation to the Divine Mother. In very short order, she quickly learned that her son's trip to the US has been cleared by the officials, and he would be arriving in two weeks! Moreover, his skin problem was finally diagnosed properly, and, as a result, easily treated. The woman could not believe that both of her problems had vanished so quickly and miraculously.



**1**

--A man and woman in India ran a business. However, due to repair work going on nearby, the enterprise began to lose customers, and, as a result, they incurred substantial losses. The woman then learned that because creditors were now increasingly pressuring them to pay back loans, her husband had run away. As a result, she plunged into an inconsolable state. But then a friend came along and recommended that she sit quietly before a picture of the Divine Mother. A short time later, there was a call from her husband informing her that he was fine, and then indicated the place where he was staying. That night, he returned home safely.

--A man was very concerned that fires burning out of control in Northern California for nearly a month could soon lead to the deaths of hundreds, maybe thousands, as the smoke in the air had turned dangerously toxic. He prayed intensely to the Divine Mother, hoping for some change. The next morning when he awoke, he saw that the skies had suddenly turned perfectly blue, essentially clearing out the month-long orange-brown smoke and ending the crisis in the region. What happened was that an unexpected weather system had swept through the area clearing out the smoke, potentially saving the lives of scores of people. What had actually occurred was that the Force had moved into action and changed the conditions of life.



2

--A woman was called to jury duty, even though it meant she had to take time off from her job and engage in what she considered an unpleasant activity. As juror selection proceeded, it looked like she was going to have to remain there for several weeks. She then offered the entire matter to the Divine Mother. Shortly after, she was questioned by an attorney who explained the nature of the crime and asking her if she would be prejudiced in any way. She then responded that she had in fact been a victim of a similar crime. As a result, she was immediately dismissed from jury duty! Because she consecrated the situation, the Force created and aligned with conditions that pardoned her from the case.



--A man in India was being set up with a wife through arranged marriage. One after another, problems ensued with prospective partners. Along the way, he even lost his job. Getting tired of the situation, he offered the matter to the Divine Mother. Suddenly another marriage proposal came in from one of his relatives. She turned out to be a very good girl, but he thought he could not accept it because he did not now have work. He offered the matter to the Force again, and soon found out that she too was a follower of the Divine Mother! They were then soon married -- and it occurred on the date the physical Mother made her yearly appearance at the Sri Aurobindo Ashram.



**3**

--A woman and her son were experiencing many delays in their travels as they navigated the various airports since there were no direct flights. As a result, they were continually fatigued and irritable along the way. Moreover, she began to rail against the system that did not provide more direct flights to her destination. Finally, she realized that the problem was in her attitude, which she then offered to the Divine Mother. She later learned that for the first time, direct flights were available to and from her local city to the desired destination, making the need for transfers unnecessary! Through the spiritual Force, she evoked a response not only for herself, but for the collective!

--A man was on the edge of financial ruin because all orders in his business had dried up due to the recession. He then offered the matter intensely to the Divine Mother, and immediately after an order came in that provided months of financial sustenance.

--A man suddenly felt intense gratitude to the Divine for having helped him secure such a fine and dedicated staff. Instantaneously, the phone rang and he received a very large order for products her business was offering. He saw the direct relationship between his intense gratitude to the Divine Mother and the immediate arrival of the requisition.



**4**



The **ONLY** strength of the devotee is his remembrance of Her.

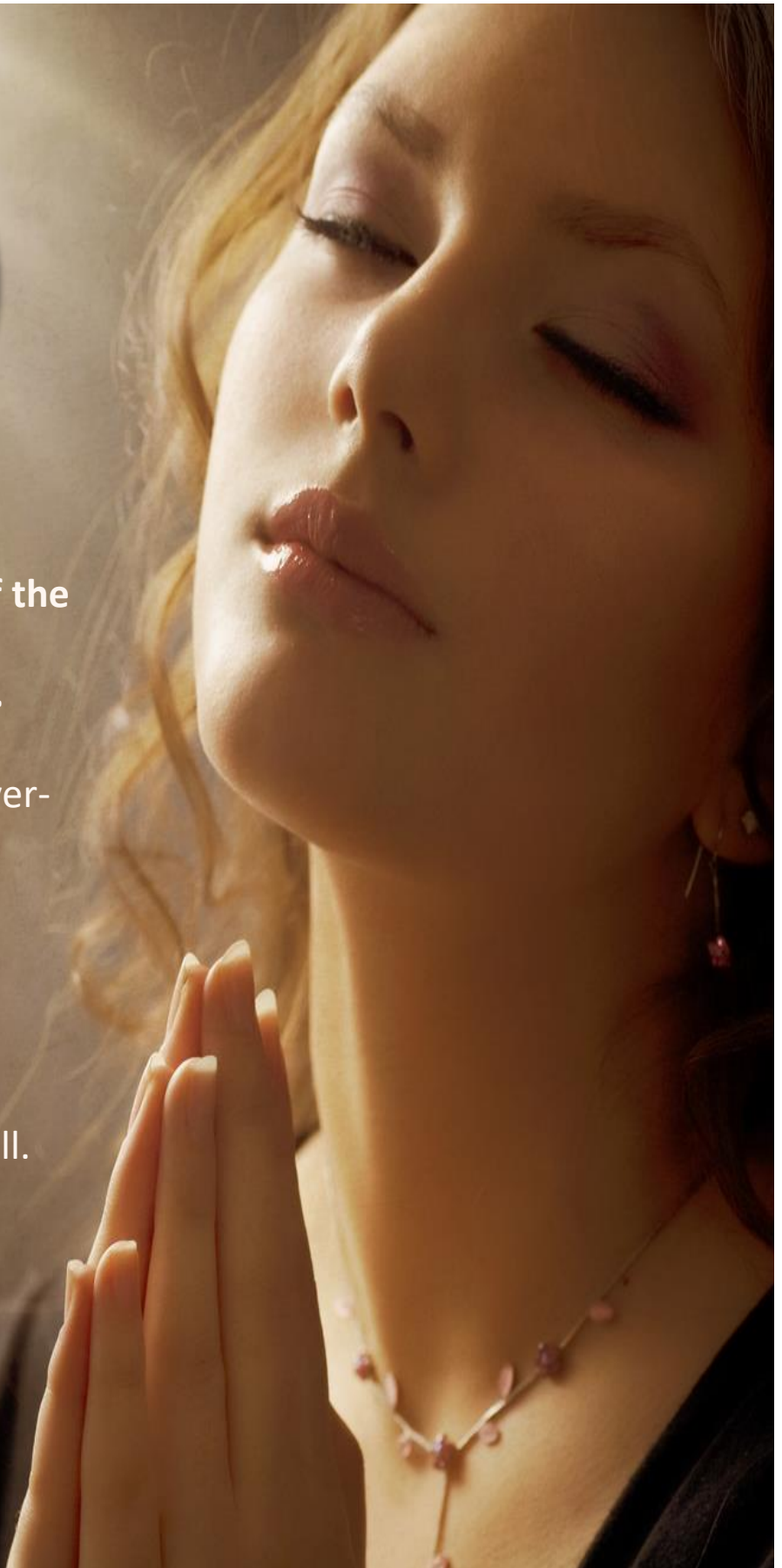
His only hope is its ever-increasing intensity.

It is helped by-

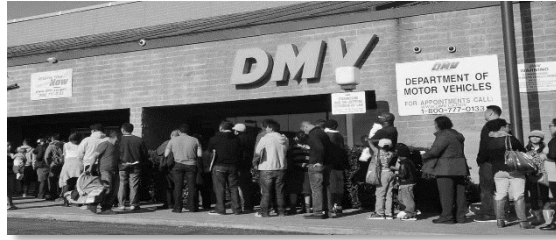
1. Reading
2. Meditation
3. Work.

Consecration excels all.

- Sri Karmayogi



## The DMV: Another Magical Moment through Mother



The other day I experienced something I have seen many times before as a result of consecrating an act to the Mother and Her Force.

Just before I arrived at the Department of Motor Vehicles (DMV) in Long Beach, California to renew my driver's license I consecrated the activity, offering it to the Divine Mother. When I arrived at the first line, it moved well compared to past experiences I have had at various DMV offices over the decades. Then I came to the second area where a hundred or more people were gathered and were waiting for their number to be called so they could go to one of the twelve booths where an agent would process their driver-related applications and renewals.

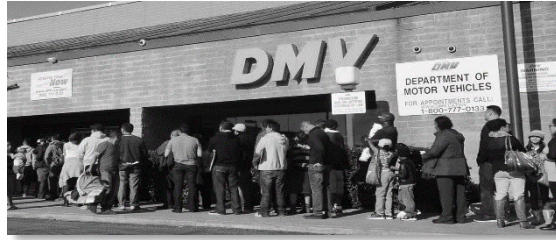
When I had arrived in the room, instead of sitting down in one of the many dozens of attached plastic chairs, I simply remained standing and leaned against one of the tables near the front.

I then noticed that the numbers were counting down quickly and that within five or ten minutes I would be sent to one of the twelve agents spread out in a wide expanse before me. When the automated response system called out my number, it also indicated which booth to go to. The voice said that I should go to booth 12. It turns out that I was standing EXACTLY in front of booth 12, not a foot to the left or right! I was perfectly aligned with the booth, and I did not have to move more than three feet to get there, compared to the myriad of possibilities of having to walk over to one of the other eleven other booths that were set along the twenty-yard-wide corridor.

I was startled at how life had given me this perfect Efficiency in space and time – though not surprised, because this was a familiar occurrence in my life.

(con't)

## The DMV: Another Magical Moment through Mother



(con't) I then walked the several feet to the booth and handed over the paperwork. The woman behind the window smiled, and was uncommonly friendly and helpful. The processing then went very quickly. As these events unfurled, I knew that all of this was due to my consecration to Mother a few minutes earlier.

It turns out that I have experienced this precise dynamic on a number of occasions after consecrating the activity. Often it involved being on a shopping check-out line where I had to wait for a number to be called.

In these cases, I am informed that a space has opened, and it turns out to be EXACTLY in front of me, not a step to the left or right, even if there are 50 other booths I could have been sent to down a lengthy walkway.

This is Mother's special touch, as her Force creates the greatest efficiency in terms of space, time, causality, reality. It is another example of Her supramental power of Instantaneous Miraculousness – aka Life Response in action.

**from 'A Life Response Reader'  
by Roy Posner**



There has never been a moment of Coincidence in the history of the universe, and there never will be. Everything happens for a reason. – Roy Posner



## **Go Within**

**When Life continues to deny what you  
have aspired for on the surface,  
It's time to go within,  
and aspire from the DEPTHS**



## **Mother Followers with Power to Affect the Collective**

**It is often the case for followers of the Mother that while trying to solve their own problems, they end up quickly attracting a benefit that goes to the collective; even the whole society. Thus, Her followers not only are not only capable of becoming true Individual beings, but collective ones as well; sometimes referred to as "Universal." Here is but one true story of a devotee that demonstrates this phenomenon:**

**"When I first came to the US I was on a dependent visa. I was very disappointed that I could not work here. However, very soon the laws changed and starting from May 26, 2015 all spouses on dependent visa were provided work authorization! For this I did not even voice a prayer to Mother."**

**- From 'A Life Response Reader' by Roy Posner**



# Affecting the Collective

## ANOTHER EXAMPLE OF AFFECTING THE COLLECTIVE THROUGH CONSECRATION POWER

I was doing my full time PhD with a scholarship in Taiwan couple of years back and that money was just sufficient for my stay and studies there. It was in the third year of my research and in the November month of 2009, my entire amount in the post office account there was over by 25th afternoon and I was so reluctant to ask my in laws, relatives or my friends, some amount of money to run a week.

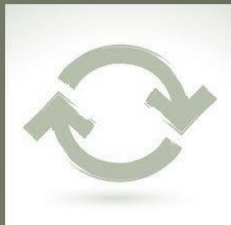
I was also in a dilemma whether to raise some money by taking a loan from the department. After two three hours of mental tensions, I switched over to the spiritual Force. My Prayer was intense and deep and ended in a meditation and subsequently to a sleep. I had a noodles packet, two eggs and a single packet of three in one tea in the night, my last available food stored.

Next day morning, I was moving to college, but some message was coming strongly inside to check my Post Office account there. I was surprised to see 45,000 NT\$ available in my account which is 60,000 Indian rupees. I alarmed "the Spiritual Force" and it was difficult to hide my tears from the public standing outside in the ATM counter, when I turned back after withdrawing some amount.

I went to the department and heard this thing: There was a meeting in the University headed by the President about a special payment to be made for students who had scored more than 75%, last week and the final decision and allocation of amount was done on 25th afternoon. My University is with more than 120 departments and more than 40,000 students and I was so sure that, around 10,000 students of them had received this much of amount. That means the money allocated that day was few crores!!!!

**- From 'Life Response in Work' by Roy Posner**





## THE MOTHER, LIFE AND RESPONSE

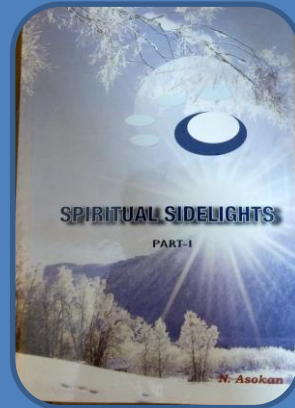
(Sri Karmayogi)

- ❖ The great response of life that has an excess of joy as well as extra gifts of grace has always been when MOTHER was there directly or in the substance.
- ❖ Life Response that arises as a result of our initiatives is what I am mostly confining myself to. But Sri Aurobindo's yoga needs the discipline of NOT taking any initiative. Of course, it does not interfere with the study. Life Responses, as a result of our NOT taking initiatives will be initiated by the Force of Mother. Laws of action remaining the same, the one will be a fight with bow and arrows, while the other will be modern warfare. The character of observation here changes considerably.
- ❖ Life Response is practised to convert human life into divine life. To know each value of ours very well and convert it into Mother's value, is a step that will set Life Response into its right context. Life Response.
- ❖ Grace repeatedly and insisently comes through the bitterest point of life, when it wants to transform you
- ❖ To recognise Grace in lifeless events brings the events to life. By recognising Grace in misfortune, Grace is replaced by Super Grace.



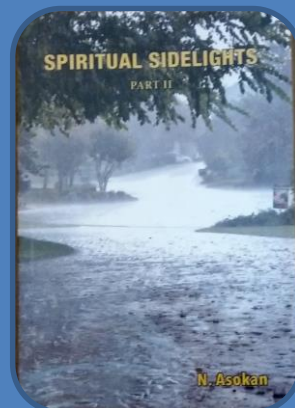
Life initiatives have the Sanction of Life, may even secretly hold our purpose and destiny within it; and this carries an exceedingly positive vibration within it, leading to great success.

- Roy Posner



“...Laws of Life Response are universal and people cannot afford to overlook them. As hunger and thirst affect everybody whether rich or poor, young or old, so do laws of Life Response affect each and every one leaving nobody as an exception...”

**-N. Asokan, MSS from  
Spiritual Sidelights**

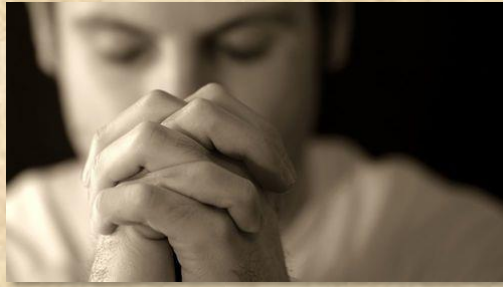




## **Consecration @ Work**

**We can apply Life Response principles to any facet of life, including our work activities.**

**In the pages that follow you will learn of individuals who were able to evoke sudden good fortune in their daily work activities, raising up the quality of their work, enabling a whole new level of personal success**

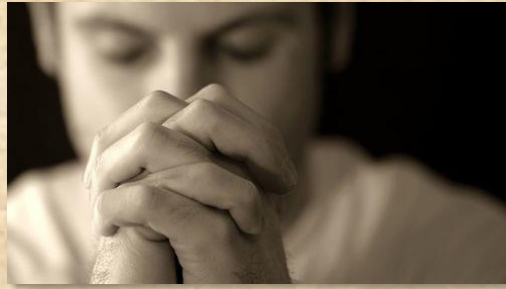


## **Consecration @ Work**

**One day several years ago, I was conducting a training class -- one that was typical of dozens, if not hundreds I had done in the past. However, unlike my other courses, the morning session of this class had gone just horribly. Just about every imaginable problem cropped up: People were late; I consistently stumbled in my presentation; the students were argumentative; I became defensive; and so forth. It was, to put it mildly, the worst possible scenario for an instructor.**

**Because the class had gone so poorly that morning, I was not exactly looking forward to the afternoon session. Fortunately, however, I was able to catch myself and control my anxiety. I then made the inner, psychological effort to reverse the situation. And so I relaxed myself, focused my concentration inward, and then “offered” the remainder of the class to the spiritual Force. I said something like this: “I don’t know what to do at this point, but I know that if I put the situation in your hands, things will go right. It *has* to!” I then returned to the class for the afternoon session, and carried out my instructional duties as usual.**

**Within a half hour or so, I discerned a considerable change in the tone of the class. One thing I noticed was that *all* of the students arrived on time after their lunch break -- an unusual occurrence based on previous experience.**



**(con't)**

**Second, I noticed how smoothly and effortlessly each of the lessons unfolded for me, as each section of my presentation dovetailed perfectly with the next, creating a lovely, harmonious rhythm. Third, I noticed that not only were the students now quiet and subdued, but they were entirely focused on learning -- a complete turnaround from the morning session. In fact, when I attempted to engage them in conversation, they were not only responsive, but friendly and warm. That in turn compelled me to express my own appreciation for their participation and contributions, which added to the positive dynamic. Finally, I noticed how free the session was from outside disturbance; allowing the class to run smoothly and without interruption.**

**In all my years of instruction, I had never seen such a turnaround. It was almost as if I had stepped out of training purgatory and entered instructional heaven. And I was able to bring about this stunning transition by opening to the spiritual Force.**

**Through an act of intense consecration, I turned an exceedingly disturbed and troubled situation into one of serenity, harmony, and focused energy. By opening to the Higher Power, I was able to bring life completely under control.**

**In this case, I opened to the spiritual Force -- i.e. consecrated in a difficult situation, -- and magnificently it got turned around.**

**- From 'A Life Response Reader' by Roy Posner**

## Consecration @ Work

### Power of Organizing That Attracts

When you take several moments and plan out what is to occur and then consecrate it, the work happens dramatically quicker and with more creative action from life than one would have imagined.



E.g. I briefly planned how I would go about organizing some new case studies for my 7-day presentation on life response. I also consecrated the matter, offering it to the spiritual Force. What I originally thought would take perhaps 3 or 4 sessions of perhaps one hour each, occurred in less than a half hour. Matching that swiftness was a sense of JOY of how each thing dovetailed with the next!

Aided by engaging the Force, we see the power of rational Mind to organize and thereby create energizing and deeply satisfying results that overcome space and time.

## POWER OF “PAST CONSECRATION”

Many believe that if you have made a grave error from the past that is still having a dire influence on you now, you will not have a chance to overcome it. That the past is now sealed; that fate cannot be altered; that even God does not have that power to change it.

However, if you have made a grave error or done something negative that is having long-term affect, i.e. still affecting you now, you can practice “Past Consecration” which will have the power to overcome the negative influences on your present condition from the past.

Eg suppose you made wrong financial arrangements that caused you to go into great debt. It is dearly affecting your present life. Now you recognize your mistaken attitudes of incessant borrowing from the past, feel genuine contrition for it, and offer it to the Mother, you are likely to see a powerful positive response, such as an offer for a new work that pays four times what you are now earning, enabling you to pay back much of the debt in a timely manner. Or you will suddenly come upon a government sponsored debt repayment plan that is a compromise from all parties. Etc. etc.

Past Consecration thus overcomes the negative influences of the past on your present condition. Over the years, we have seen a number of examples of this dynamic in our Life Response research. How then can you apply it in your own life?

*from ‘A Life Response Reader’ by  
Roy Posner*





*share your experience: CONSECRATION*

## **The Medical Procedure**

**I needed to have a vein in my leg treated - a relatively simple and common condition. This condition never occurred until I was down south, in Florida (I live in New Hampshire for most of the year).**

**Before I even developed this pain in my leg, I happened to notice a sign for a "Vein Clinic" nearby where I am staying.**

**Why this sign caught my eye more than 2 weeks ago is something I don't understand. Nonetheless, I thought, "How interesting that there would be someone who specialized in vein conditions."**

**I forgot about it until a few days later when I had a sudden pain and inflammation in my leg. I did a little research on the internet, and to my surprise, THIS VERY SAME particular office's website came up at the top of my search.**

**Curious, I consecrated this to Mother (the Divine...whatever one wants to label this), and called the clinic. They saw me immediately, and once examined, a specialized laser treatment was recommended.**

**Well, as I was consecrating this entire matter this week, the thought occurred to me that this particular doctor is especially gifted! In my conversations with him during this small procedure this morning, I learned that he came to the US from India, and had always wanted to be a surgeon. He discovered this specialty, and he dove into it 100%.**





## The Medical Procedure (con't)

He gets up in the morning, excited about his work. I thanked him from the bottom of my heart for having shared his expertise with me, [Gratitude] and I told him how grateful I am that he has the gift of healing - and that I am the grateful beneficiary today.

He actually smiled a huge smile and thanked ME! Roy, I had to actually contain the joy I felt in receiving this procedure! I know that may sound nuts, but I truly felt it.

I might also add that although I was prescribed a sedative for this procedure, it turns out that I did not need it. I feel quite sure that my calm and confident thoughts about this were due to consecrating the entire matter throughout this last week.

Because I realized that the doctor and I were created from the same Source, we were connected, and I knew I was in good hands.

As he finished the procedure I further consecrated the joy I felt to the Divine Mother, and left the clinic feeling as though I, too, brought value to the clinic and staff.

It's kind of difficult to articulate all this - but, for some reason I feel compelled to share it. :) (Kathy T)

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Comment:

**MAGNIFICENT ALL-AROUND!** Amongst others, here we see the influence of Consecration, Predecessor Events, Goodwill, Gratitude, Life Unfolding Perfectly, Calm, Confidence, Faith, Joy, Consecrating Joy, Positive Attitude, Synchronicity, and Life Response.

## Continuum of Consecration from Ego to Transcendent

We can perceive levels of relating to work from the Ego-sense to collaborating with the spiritual Force:

1. I work and life gives me what it pleases, based on my capacities. I may or may not succeed.
2. I develop higher capacities (or have them already), and life tends to give me a certain proportional level of success; often very substantial.
3. I ask Mother to give me success in a particular or general area, and she obliges to the degree of my receptivity.



4. I ask Mother for a particular, and then say and feel 'Thy Will be Done', letting Her determine the outcomes, how it takes shape.
5. I don't ask for anything, but constantly remember Mother, bathing in Her, and she lifts up my life at all planes.
6. I offer up and surrender all aspects of my being, all of what I have and do and are limited by in order to transform myself.
7. I Aspire for Her and the Supramental power to descend on earth through my work, offering that possibility to Her through an act of consecration or Surrender.
8. I aspire for the Divine Supramental Life to manifest on earth for its own sake, constantly surrendering to Mother with intensity for that purpose, without it occurring particularly through me or my work.

**(From 'Inspirations')**



**Choose An Area, Receive Wisdom, Evoke A Response,  
Transform Your Life!**

Pick an area of your life where you would like to make improvements, and then discover Life Response inducing strategies that when implemented can instantly transform your life. (based on teachings of Karmayogi, Garry Jacobs, and Roy Posner)

**GO!**



## Life Response Tip – **Observe Synchronicity!**

- ✓ Life is constantly presenting signals - i.e. subtle signs - of what is to come. When life's subtle signals are concomitant to the actual unfolding of what it was pointing to, then Synchronicity occurs.
- ✓ Synchronicity is when two things (individuals, ideas, events, etc.) arrive at the same time, occupying the same space, though on the surface they seemingly had nothing to do with one another. (In the depths, there is 100% connection.)
- ✓ Synchronicity startles the conscious mind, but it is the natural unfolding of life, occurring all of the time, at every moment, 99% of which we completely miss.
- ✓ Understanding Life Response, Observing the Synchronicity are the tools to guide us along in the ocean of infinite choices.
- ✓ Knowing the subtle laws that govern this and related "life response" phenomenon will increasingly be important and key to success in future.



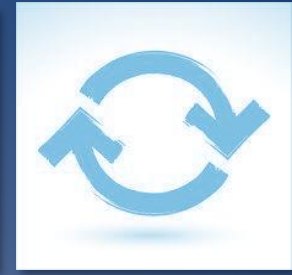
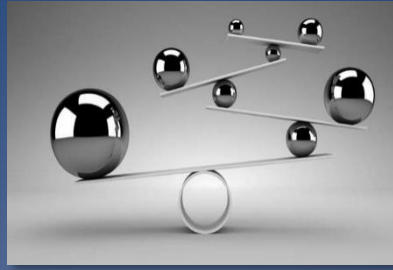
# DO YOU KNOW?

## Life Response Quiz



1. **Life Responds to-**
  - a) Strength
  - b) Values
  - c) Attitudes
  - d) All of the above
  
2. **Life Responds only-**
  - a) Positively
  - b) Negatively
  - c) Neutrally
  - d) All of the above
  
3. **By changing our consciousness, we can influence only-**
  - a) Past Events
  - b) Present Events
  - c) Future Events
  - d) All of the Events
  
4. **Life brings us closer to the experience of the Reality through-**
  - a) Problems
  - b) Challenges
  - c) Opportunities
  - d) All of the above
  
5. **Life Response occurs-**
  - a) Only when we are aware
  - b) Only when we understand it
  - c) Only when we believe it
  - d) All through our life at all times



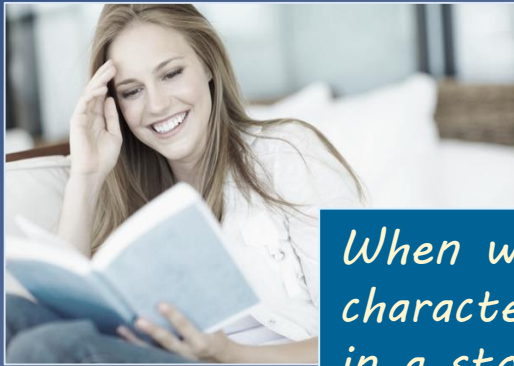


## Principle of Acts

(there are subtle laws governing how acts/actions unfold in life)

- ❖ There are individualised forces in life of both positive and negative character that move to an individual in response to what he is and what he does.
- ❖ Their combined operation maintains an equilibrium of smooth existence. When the equilibrium is tilted in favour of the right side, and in that measure, forces of life precipitate a positive act in his life.
- ❖ At any given time, one can see forces on the move. They move in concert. One who is perceptive may see, just before an act is precipitated, several major and minor forces simultaneously moving in unison towards the centre.
- ❖ Among them there will be a single prime mover, some major constituents and a host of minor tributaries.
- ❖ Without the Prime Mover, there will be a disturbance, no result. Without the major contributors, the Prime Mover may powerfully upset the system but no permanent contribution positive or negative will be made.
- ❖ A good judge of these Forces can precipitate a Good Act by any one of these SMALL forces and similarly avoid trouble. One who is positive and alert can manage the field with a bias to the right side.
- ❖ At any moment, knowing the combination of forces and their laws, one, by increasing the right forces in their intensity or decreasing the wrong forces, can make Life Respond. **(Sri Karmayogi)**

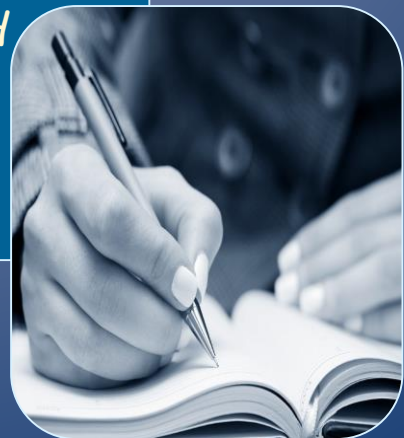
# LITERATURE IN LIFE



*When we read what the characters have gone through in a story or in a film, we are subconsciously reading the process of our own awakening, our own self-discovery.  
(Garry Jacobs, MSS)*

*“...Life is the raw material from which the creative imagination of great writers generates works of fiction that are truer than life—truer because they probe and reveal more deeply its real character...”*

*(Janani Ramanathan, MSS)*





## Roy's Corner



### Return Trip & Miraculous Power of the Force

We have continually witnessed the power of the supramental Force, i.e. Mother's Force, to quickly set right the conditions of life. In a recent episode, I experienced this phenomenon at work multiple times in succession, defying all human logic and possibility. Here is my story:

I was scheduled to do a training class at a major corporation in Sunnyvale, California in the heart of Silicon Valley. I had to fly up from Southern California to the San Francisco Bay Area late one evening, rent a car at the San Francisco Airport, drive to the motel in Sunnyvale 38 miles away, get up the next morning and do the class, and then in the latter afternoon begin my return journey to Long Beach in reverse order. Considering the fact that the highway system is now completely jammed in Silicon Valley these days because of the boom there, it was a daunting prospect.

A 30 mile drive could take over 2 hours or more during rush hour.

As it turns out, my trip from Long Beach to the Bay Area, though somewhat intense, went smoothly for the most part, more or less as I expected. However, the trip back was a different story. It was filled with adventure, the unbelievable, and the miraculous. Here is what happened:

I knew the return journey would be difficult, as I was going to be driving in the midst of the rush hour from Sunnyvale to the San Francisco Airport. However, I caught my anxiety, detached from focusing on any particular outcome, and consecrated that upcoming trip.

My driving strategy from Sunnyvale to SFO was to avoid the two main highways going south to north because they would likely be jammed. Instead I decided to



take the El Camino Real, a 50 mile long street that runs all the way from Silicon Valley through San Francisco. Often in the past when I lived in the Bay Area I used it as a shortcut to get back home. I called it “a slow boat to China,” but at least it moved. And yet I knew in the back of my mind that these days in this latest Silicon Valley boom even this 3rd or 4th choice of passage, the non-highway El Camino, could be log-jammed. Still I remained positive. I also had my map app on my smartphone to inform me where the log jams were appearing on the El Camino in real time.



And so I left the client's facilities in Sunnyvale ~4:20 pm and headed over to the El Camino, with its endless shopping centers, motels, residence, etc. So far so good as I steadily navigated through the towns of the “South Bay.” However, after a short while I realized that I was moving forward in fits and starts, which was verified by my Smartphone Maps app red-dotted street indicators. I also discovered that there was the possibility of a big rain storm hitting, which I actually took as positive as it could put out the fires raging north of San Francisco.

In any case, I remained calm. And yet an hour into the ride I realized I was only half way to my destination, and there was a legitimate chance that I wouldn't make the 7pm flight. Also there was the possibility that the storm would cancel the flight anyway. Though I was ready to

inform my roommate down in Long Beach of these possibilities, I held on and kept silent. I continued to consecrate in the back of my mind.

Now here is where the story gets interesting. Time for the flight is ticking down. After two hours on the El Camino I got off the street and drove over an overpass that took me to the extremely busy Hwy 101 heading directly for the airport. Was the highway also going to be jammed? Fortunately, it turned out not to me. Another good sign. I then drove a few miles and came to my first stop; the car rental area where I had to return my rented vehicle. When I arrived on the 3rd floor, there was a big backup, and I was all the way on the back. However I remained calm and did not emotionally react. (con't)

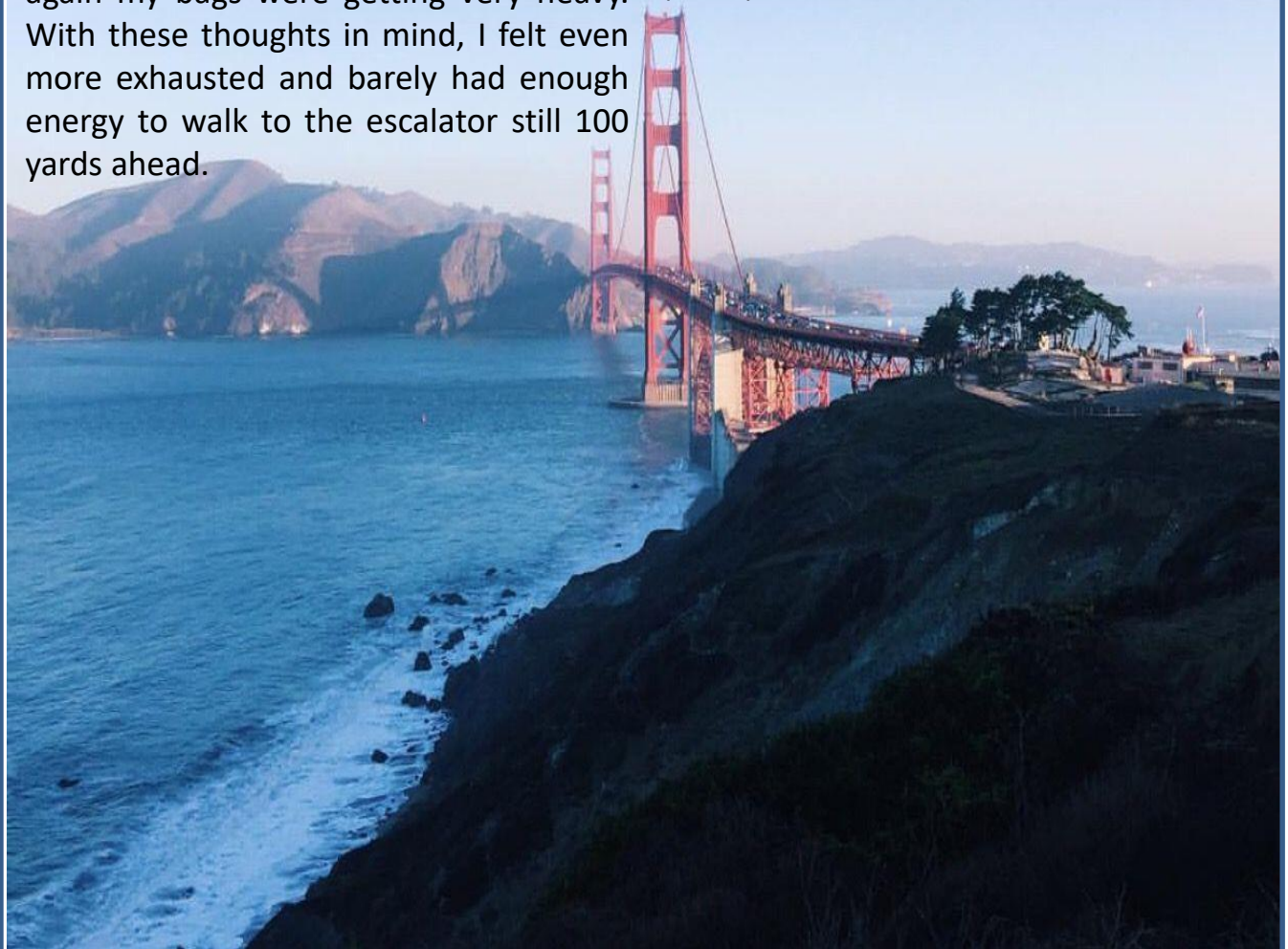
Then suddenly out of nowhere a check-out attendant greeted me and quickly processed the checkout of the car. That was a startling change, I thought! Actually, I was amazed, yet subtly tuned into the fact that the Force was behind these outcomes.

But now I had to get to the airport via the AirTram, the overhead driverless rapid transit system that went two miles or so deep into the airport terminal system. At this point I recalled the vast effort I had to make the day before upon arriving at SFO; the exhausting situation; the fact that I had to stop every few minutes because of the strain; and now once again my bags were getting very heavy. With these thoughts in mind, I felt even more exhausted and barely had enough energy to walk to the escalator still 100 yards ahead.



And so I stopped in my tracks, and then took a deep breath.

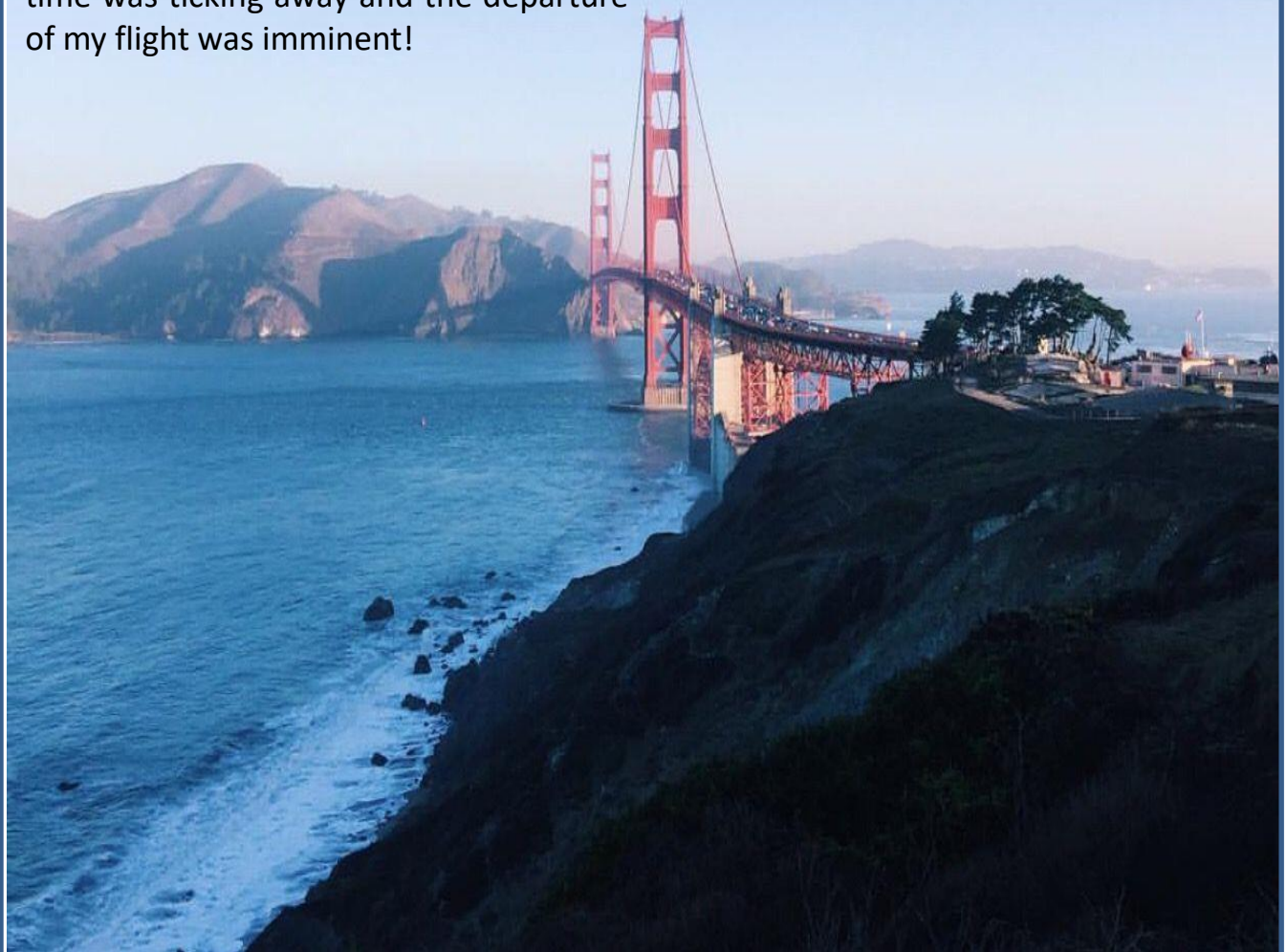
But then I quickly noticed that there was an elevator that could take me more easily to the AirTram above me. I pressed the button and hopped in. When in the elevator I immediately encountered a young, friendly, well-dressed young man leaning on his luggage cart containing his own baggage. (con't)



I asked him where one could rent one of these and he informed me that it was actually free, provided by the airport. "I could really use one of those right now" I thought, and I could see he had the same idea in mind for me. We then got off the elevator and began to wait for the AirTram. However, within a few seconds the young man pointed to a single, lone unused luggage cart on the platform that was almost directly in front of me. Needless to say I immediately grabbed onto it. Wow that was incredible, I thought! No more schlepping my luggage to the far end of the huge airport. Not only had the baggage been heavy, but the weight was slowing me down, as time was ticking away and the departure of my flight was imminent!



A moment later I hopped onto the futuristic-like AirTram that circled the airport, and two minutes later I was getting ready to exit at the International terminal. As I was getting off I looked to my left and there was the young man who pointed out the cart now winking at me as if to say "I am happy to have found the cart for you and good luck the rest of your way!" (con't)





As I wheeled the cart through the terminal I thought about him as a kind of guardian angel: the wink and smile he gave me being the confirmation. It was yet another opening of light on this dizzying path toward my goal; even as time still seemed hopelessly stacked against me.

But now before I could get to the end of the terminal which was still a long distance, I had to get through security! Again I wondered how in the world I would get to the flight in time. I imagined that it must be lining up for departure now, etc. However, I still kept my faith; and so far, in the past half hour or so, life had cooperated fully.

In the past when I went through airline terminals I had special privileges to move through TSA security rather fast. Recently I had apparently lost those privileges. And so as I approached security, I prepared myself for a long wait at the back of the line. However, when the guard looked at my ticket, he waved me through for fast processing, enabling me to avoid any long line. Not only that but I was the only one at the checkout, plus the security requirements were next to nothing! This all seemed just too unbelievable; yet I knew the Force was

working for me in every conceivable way.

After less than two minutes of security check - by far the fastest I had ever experienced - I was on my way to the end of the international terminal; past British Air, Japan Air and dozens of major airlines. Yet my airline, JetBlue, was a domestic carrier, the only one in the international area. Plus it was stuck at the very back of the International departure gates! Life was surely testing me to the limit. However, now with the baggage cart I could move more rapidly, and in conjunction with the people-mover I was now gliding toward my destination. Still I wondered if the plane had fully boarded and I would be left out.

When I arrived at the very far end of the international terminal, I was able to make out the voice of the announcer at my gate, and he seemed to be indicating that boarding had begun for my flight. I had apparently made it; and just barely in time! Life had in the last half hour or forty five minutes magically cleared a path for me. It could only be the result of the spiritual Force to create these wonder of wonders when life seemed so stacked against me. (con't)



## CONSIDER THAT-

--I was stuck on the El Camino with less than an hour to my flight, and suddenly things opened up when I veered off and got on the highway leading to the airport

--When I arrived to the car rental it looked like a twenty minute wait with many people ahead of me, though it turned out to be just two minutes

--When I was exhausted and thought I had to drag my heavy bags to the escalator far away, there was suddenly an elevator before me to help me more easily get to the AirTram.

--When I thought I would have to carry my heavy bags to the far end of the international terminal, a man appeared on the elevator with a cart and then pointed out an available one that helped make my day

--When I got to security check out which normally takes 15-20 minutes, it happened in just two.

--I sailed through the very long terminal with the aid of the cart and a fast-moving sidewalk trajecting me rapidly forward, enabling me to arrive in the gist of time.

Life had cleared the way at every point. It had cooperated with my faith that was the guiding light at my side. It became an occasion for one miraculous-like event to dovetail into the next in a symphony of the Unimagined.

As I shook my head on line for departure of my flight, I took breath and recognized the magic carpet ride I had just been on. "Wouldn't this make for a fine life response story?" I thought to myself as I handed the pass to the attendant to step into the plane that would now take me home.

Please write your comments about the article to : [royposner@gmail.com](mailto:royposner@gmail.com)

## **Raising Consciousness, Yogic Practice to Maintain Consecration**

QUESTION: Though Life Response has brought instances of good fortunes to me, how can I continuously keep it up; sustaining its momentum over time, instead of it flagging in the middle?



ANSWER: **One must progressively raise one's consciousness overall to maintain life response power.** Constant consecration (self-offering to the supramental Force) can do that for you; helping establish an inner poise and outlook that will enable you to push the right Life Response levers for different conditions and situations.

Or to put it another way, Life Response is an opening to the much greater world of Conscious Evolution (yoga), which ironically has one effect of releasing far more Life Response Power and therefore a continuous stream of remarkable experiences and benefits.

**[from, 'Inspirations' by Roy Posner ]**



“...If life is a perfectly orchestrated cosmic dance than every problem that comes to us from others is a reflection of a corresponding element in our own nature, either something of the past that needs to be transformed or something of the future that needs to be born. In either case it requires a pressure and a circumstance to aid that transformation or that birthing...”

**From, ‘The Book’ by Garry Jacobs**

# Learning

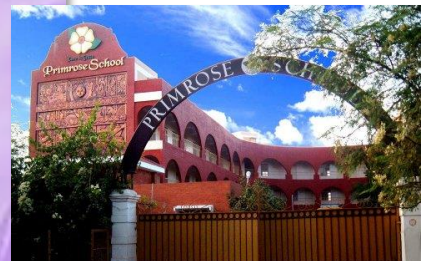


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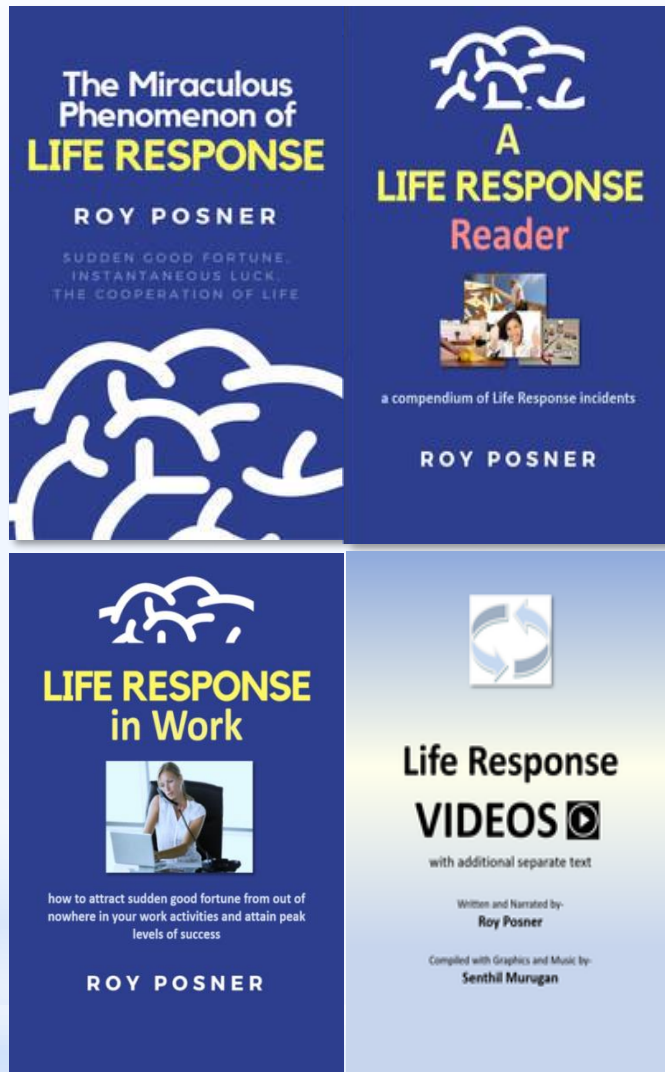
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## Life Response Books by Roy Posner



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